

ENGLAND - PORTLAND

LAT 50°34'N LONG 2°26'W

TIME ZONE UT(GMT)

TIMES AND HEIGHTS OF HIGH AND LOW WATERS

YEAR 2026

JANUARY				FEBRUARY				MARCH				APRIL			
Time	m	Time	m	Time	m	Time	m	Time	m	Time	m	Time	m	Time	m
1 0413 1.8 0920 0.7 TH 1647 1.7 2153 0.5		16 0451 1.7 0952 0.7 F 1719 1.5 2207 0.6		1 0600 2.0 1127 0.4 SU 1858 1.9 2331 0.4		16 0603 1.9 1115 0.4 M 1838 1.7 2322 0.4		1 0454 1.8 1032 0.4 SU 1746 1.7 2230 0.4		16 0444 1.6 1001 0.4 M 1725 1.6 2211 0.5		1 0614 2.1 1119 0.1 W 1845 2.1 2331 0.2		16 0552 2.0 1052 0.2 TH 1825 2.0 2306 0.2	
2 0512 2.0 1027 0.6 F 1753 1.8 2249 0.5		17 0538 1.8 1047 0.6 SA 1807 1.6 2256 0.6		2 0652 2.2 1205 0.3 M 1949 2.0		17 0649 2.0 1156 0.3 TU 1924 1.9 ●		2 0549 2.0 1108 0.3 M 1835 1.9 2315 0.3		17 0536 1.8 1047 0.3 TU 1813 1.8 2256 0.3		2 0657 2.2 1154 0.1 TH 1925 2.1 ○		17 0639 2.1 1132 0.1 F 1908 2.1 ● 2347 0.2	
3 0607 2.1 1124 0.5 SA 1854 2.0 ○ 2339 0.4		18 0621 2.0 1135 0.5 SU 1852 1.7 ● 2339 0.5		3 0012 0.2 0743 2.3 TU 1242 0.2 2031 2.1		18 0001 0.3 0734 2.1 W 1230 0.2 2006 2.0		3 0638 2.2 1146 0.1 TU 1919 2.1 ○ 2355 0.1		18 0625 2.0 1127 0.2 W 1859 1.9 2337 0.2		3 0005 0.1 0735 2.2 F 1224 0.1 1959 2.1		18 0721 2.2 1210 0.0 SA 1945 2.2	
4 0658 2.2 1211 0.4 SU 1954 2.0		19 0704 2.0 1215 0.4 M 1934 1.8		4 0051 0.2 0827 2.3 W 1319 0.1 2104 2.1		19 0038 0.2 0815 2.2 TH 1304 0.1 2039 2.0		4 0724 2.3 1222 0.0 W 1959 2.2		19 0711 2.1 1204 0.1 TH 1941 2.1 ●		4 0035 0.1 0804 2.1 SA 1252 0.1 2022 2.0		19 0025 0.1 0758 2.2 SU 1247 0.1 2014 2.2	
5 0749 2.3 M 1254 0.3 2046 2.1		20 0745 2.1 TU 1248 0.3 2014 1.9		5 0127 0.2 0904 2.3 TH 1354 0.1 2131 2.0		20 0113 0.1 0845 2.1 F 1338 0.1 2101 2.0		5 0031 0.1 0805 2.3 TH 1255 0.0 2033 2.1		20 0015 0.1 0753 2.2 F 1238 0.0 2017 2.1		5 0104 0.2 0826 2.0 SU 1318 0.2 2041 1.9		20 0103 0.1 0829 2.1 M 1324 0.1 2043 2.1	
6 0105 0.4 0838 2.3 TU 1336 0.3 2125 2.0		21 0052 0.4 0822 2.1 W 1321 0.3 2046 1.8		6 0201 0.2 0933 2.1 F 1428 0.2 2153 1.9		21 0147 0.1 0907 2.1 SA 1412 0.1 2122 1.9		6 0103 0.1 0837 2.2 F 1325 0.1 2058 2.1		21 0050 0.1 0826 2.2 SA 1313 0.0 2041 2.1		6 0130 0.3 0850 1.8 M 1340 0.3 2102 1.8		21 0141 0.2 0908 1.9 TU 1402 0.3 2121 2.0	
7 0146 0.4 0921 2.2 W 1418 0.3 2157 1.9		22 0128 0.3 0854 2.0 TH 1356 0.2 2113 1.8		7 0232 0.3 0957 1.9 SA 1458 0.3 2213 1.7		22 0221 0.2 0934 2.0 SU 1447 0.2 2150 1.8		7 0133 0.1 0901 2.1 SA 1353 0.2 2115 1.9		22 0125 0.1 0848 2.1 SU 1347 0.1 2100 2.0		7 0153 0.4 0914 1.7 TU 1358 0.4 2122 1.7		22 0221 0.3 0955 1.7 W 1444 0.5 2206 1.8	
8 0225 0.4 0958 2.1 TH 1459 0.4 2228 1.8		23 0204 0.3 0922 2.0 F 1433 0.2 2142 1.8		8 0259 0.5 1021 1.7 SU 1521 0.4 2235 1.6		23 0253 0.3 1009 1.8 M 1522 0.3 2227 1.7		8 0200 0.2 0922 1.9 SU 1417 0.3 2134 1.8		23 0159 0.1 0916 2.0 M 1422 0.2 2130 1.9		8 0214 0.5 0941 1.5 W 1419 0.5 2146 1.6		23 0308 0.5 1052 1.5 TH 1535 0.7 2301 1.6	
9 0303 0.5 1031 1.9 F 1540 0.5 2257 1.6		24 0240 0.3 0953 1.9 SA 1511 0.3 2216 1.7		9 0321 0.6 1048 1.6 M 1540 0.5 2304 1.5		24 0327 0.4 1052 1.6 TU 1602 0.5 2313 1.5		9 0223 0.4 0945 1.7 M 1435 0.4 2155 1.6		24 0233 0.3 0955 1.8 TU 1446 0.4 2209 1.7		9 0240 0.5 1016 1.4 TH 1446 0.6 2221 1.4		24 0419 0.7 1217 1.3 F 1650 0.8 ⌋	
10 0340 0.7 1103 1.7 SA 1620 0.6 ⌋ 2330 1.5		25 0316 0.4 1031 1.8 SU 1552 0.3 2256 1.6		10 0350 0.7 1120 1.4 TU 1611 0.6 2341 1.4		25 0410 0.6 1151 1.3 W 1657 0.7		10 0243 0.5 1010 1.5 TU 1454 0.5 2218 1.5		25 0310 0.4 1043 1.5 W 1539 0.6 2258 1.5		10 0322 0.7 1106 1.2 F 1532 0.7 2320 1.3		25 0022 1.5 0611 0.7 SA 1350 1.3 1818 0.9	
11 0415 0.8 1138 1.5 SU 1701 0.7		26 0355 0.5 1117 1.6 M 1639 0.5 2349 1.5		11 0438 0.8 1204 1.3 W 1703 0.7		26 0024 1.4 0530 0.8 TH 1400 1.2 1851 0.8		11 0309 0.6 1040 1.4 W 1522 0.6 2249 1.4		26 0400 0.7 1157 1.3 TH 1642 0.8		11 0456 0.8 1222 1.1 SA 1712 0.8		26 0204 1.5 1042 0.5 SU 1500 1.4 1934 0.8	
12 0011 1.4 0456 0.9 M 1222 1.4 1756 0.7		27 0448 0.6 1220 1.4 TU 1739 0.6		12 0041 1.3 0609 0.9 TH 1332 1.2 1821 0.8		27 0234 1.4 1126 0.7 F 1530 1.3 2049 0.7		12 0351 0.7 1122 1.2 TH 1614 0.7 2340 1.3		27 0016 1.4 0911 0.7 F 1403 1.2 1902 0.9		12 0052 1.3 0759 0.7 SU 1433 1.2 1956 0.8		27 0311 1.6 0840 0.6 M 1554 1.6 2037 0.7	
13 0115 1.4 0636 0.9 TU 1332 1.3 1916 0.8		28 0111 1.4 0604 0.8 W 1400 1.3 1858 0.7		13 0258 1.3 0842 0.8 F 1550 1.2 2054 0.8		28 0351 1.5 1231 0.4 SA 1645 1.5 2143 0.6		13 0520 0.9 1238 1.1 F 1736 0.8		28 0226 1.4 1114 0.6 SA 1524 1.3 2021 0.8		13 0257 1.4 0845 0.5 M 1551 1.4 2049 0.6		28 0406 1.7 0921 0.4 TU 1643 1.7 2129 0.5	
14 0247 1.4 0756 0.9 W 1505 1.3 2018 0.8		29 0245 1.5 0758 0.8 TH 1528 1.4 2048 0.7		14 0421 1.5 0936 0.7 SA 1700 1.4 2148 0.6				14 0142 1.3 0824 0.7 SA 1514 1.2 2030 0.8		29 0338 1.6 0929 0.5 SU 1626 1.5 2116 0.6		14 0404 1.6 0929 0.4 TU 1647 1.6 2138 0.5		29 0457 1.8 1002 0.3 W 1729 1.9 2216 0.4	
15 0357 1.5 0856 0.8 TH 1621 1.4 2114 0.7		30 0358 1.6 1236 0.5 F 1645 1.5 2154 0.6		15 0515 1.7 1028 0.5 SU 1751 1.6 2238 0.5				15 0342 1.4 0913 0.6 SU 1632 1.4 2123 0.6		30 0436 1.8 0959 0.4 M 1717 1.7 2205 0.4		15 0500 1.8 1012 0.3 W 1738 1.8 2223 0.4		30 0543 1.9 1042 0.2 TH 1811 2.0 2258 0.3	
		31 0503 1.8 1332 0.3 SA 1756 1.7 2245 0.5						31 0527 1.9 1039 0.2 TU 1802 1.9 2250 0.3							

LOW WATERS - IMPORTANT NOTE. DOUBLE LOW WATERS OCCUR AT PORTLAND. THE PREDICTIONS ARE FOR THE FIRST LOW WATER. THE SECOND LOW WATER OCCURS FROM 3 TO 4 HOURS LATER AND MAY, AT SPRINGS, ON OCCASIONS BE LOWER THAN THE FIRST.

LAT 50°34'N LONG 2°26'W

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ENGLAND - PORTLAND

LAT 50°34'N LONG 2°26'W

TIME ZONE UT(GMT)

TIMES AND HEIGHTS OF HIGH AND LOW WATERS

YEAR 2026

SEPTEMBER				OCTOBER				NOVEMBER				DECEMBER					
	Time	m		Time	m		Time	m		Time	m		Time	m		Time	m
1	0149	0.2	16	0201	0.3	1	0155	0.3	16	0143	0.6	1	0305	0.8	16	0211	0.7
	0858	1.9		0918	1.9		0900	2.0		0907	1.8		1033	1.8		1131	1.8
TU	1400	0.2	W	1413	0.4	TH	1410	0.4	F	1404	0.6	SU	1556	0.7	M	1651	0.6
	2112	2.0		2132	1.8		2127	1.8		2131	1.6	☾	2342	1.5		2240	1.3
																2303	1.4
2	0221	0.2	17	0221	0.5	2	0229	0.5	17	0159	0.6	2	0416	0.9	17	0250	0.8
	0924	1.9		0941	1.7		0940	1.8		0933	1.6		1147	1.6		1049	1.5
W	1431	0.3	TH	1435	0.6	F	1448	0.5	SA	1427	0.7	M	1733	0.8	TU	1618	0.8
	2143	1.8		2159	1.6		2216	1.6		2206	1.4				☾	2339	1.3
3	0254	0.3	18	0235	0.6	3	0307	0.7	18	0218	0.7	3	0118	1.4	18	0410	0.9
	1000	1.7		1008	1.6		1031	1.6		1004	1.5		0544	1.0		1156	1.4
TH	1504	0.5	F	1456	0.7	SA	1540	0.7	SU	1515	0.8	TU	1331	1.6	W	1735	0.8
	2224	1.6	☾	2231	1.4	☾	2323	1.4	☾	2256	1.3		1913	0.7		1856	0.7
4	0330	0.5	19	0255	0.7	4	0407	0.9	19	0235	0.9	4	0234	1.5	19	0109	1.3
	1046	1.6		1041	1.4		1145	1.5		1106	1.4		0706	0.9		0538	1.0
F	1546	0.6	SA	1533	0.9	SU	2025	0.8	M	1640	0.9	W	1443	1.7	TH	1329	1.4
☾	2319	1.4		2315	1.2								2009	0.7		1947	0.7
5	0421	0.7	20	0329	0.8	5	0131	1.3	20	0009	1.2	5	0330	1.7	20	0237	1.5
	1151	1.4		1136	1.3		0622	1.0		0436	1.0		0814	0.8		0711	0.9
SA	1704	0.8	SU	1904	0.9	M	1356	1.5	TU	1242	1.3	TH	1540	1.8	F	1450	1.6
							2238	0.7		1933	0.8		2055	0.5		2022	0.6
6	0112	1.2	21	0032	1.1	6	0259	1.4	21	0220	1.2	6	0417	1.8	21	0336	1.6
	0557	0.9		0520	1.0		0756	0.9		0740	1.0		0908	0.7		0822	0.8
SU	1401	1.4	M	1342	1.3	TU	1511	1.6	W	1442	1.4	F	1630	1.9	SA	1549	1.7
	2224	0.7		1958	0.8		2339	0.5		2021	0.6		2138	0.4		2101	0.5
7	0259	1.3	22	0352	1.2	7	0400	1.6	22	0338	1.5	7	0503	2.0	22	0427	1.8
	0824	0.8		0810	0.9		0852	0.7		0830	0.8		0954	0.6		0913	0.7
M	1523	1.6	TU	1542	1.5	W	1609	1.8	TH	1547	1.6	SA	1719	2.0	SU	1644	1.9
	2357	0.5		2050	0.6		2135	0.5		2107	0.5		2219	0.4		2144	0.4
8	0413	1.5	23	0427	1.4	8	0450	1.8	23	0427	1.7	8	0546	2.1	23	0514	2.0
	0917	0.7		0901	0.7		0941	0.6		0916	0.7		1037	0.5		1002	0.6
TU	1626	1.8	W	1632	1.7	TH	1700	2.0	F	1640	1.8	SU	1803	2.1	M	1735	2.0
	2210	0.5		2138	0.5		2215	0.3		2149	0.4		2257	0.3		2230	0.4
9	0513	1.7	24	0507	1.6	9	0535	2.0	24	0513	1.9	9	0626	2.2	24	0557	2.2
	1005	0.5		0950	0.6		1027	0.4		0959	0.5		1114	0.4		1051	0.5
W	1721	2.0	TH	1718	1.9	F	1748	2.2	SA	1729	2.0	M	1842	2.1	TU	1822	2.1
	2245	0.3		2226	0.3		2256	0.2		2229	0.3	☀	2330	0.4	☾	2316	0.3
10	0604	2.0	25	0550	1.8	10	0618	2.2	25	0557	2.1	10	0659	2.2	25	0637	2.3
	1051	0.3		1036	0.4		1109	0.3		1041	0.4		1149	0.4		1139	0.4
TH	1812	2.2	F	1804	2.0	SA	1832	2.2	SU	1815	2.1	TU	1914	2.0	W	1907	2.1
	2325	0.2		2308	0.3	☀	2334	0.2		2306	0.3					1928	1.8
11	0649	2.1	26	0632	2.0	11	0659	2.3	26	0637	2.2	11	0002	0.4	26	0000	0.3
	1134	0.2		1117	0.3		1146	0.2		1122	0.4		0726	2.2		0718	2.3
F	1858	2.3	SA	1848	2.2	SU	1912	2.3	M	1856	2.2	W	1222	0.4	TH	1225	0.4
☀			☾	2345	0.2				☾	2344	0.2		1942	1.9		1953	2.1
12	0003	0.1	27	0713	2.1	12	0005	0.2	27	0709	2.3	12	0032	0.5	27	0044	0.4
	0733	2.2		1154	0.3		0734	2.2		1201	0.3		0753	2.1		0801	2.3
SA	1212	0.1	SU	1930	2.2	M	1217	0.2	TU	1929	2.2	TH	1254	0.5	F	1311	0.4
	1942	2.4					1945	2.2					2012	1.8		2045	2.0
13	0037	0.0	28	0017	0.2	13	0033	0.2	28	0021	0.2	13	0059	0.5	28	0129	0.4
	0811	2.2		0748	2.2		0759	2.2		0736	2.3		0822	2.0		0849	2.2
SU	1246	0.1	M	1228	0.2	TU	1247	0.3	W	1239	0.3	F	1323	0.6	SA	1359	0.4
	2019	2.3		2004	2.2		2010	2.1		2000	2.1		2043	1.7		2139	1.9
14	0108	0.1	29	0049	0.2	14	0101	0.3	29	0058	0.3	14	0121	0.6	29	0215	0.6
	0841	2.2		0809	2.2		0820	2.1		0808	2.2		0851	1.8		0941	2.1
M	1317	0.2	TU	1302	0.2	W	1316	0.4	TH	1318	0.3	SA	1350	0.6	SU	1452	0.5
	2047	2.2		2023	2.1		2034	1.9		2038	2.0		2117	1.6		2232	1.8
15	0136	0.2	30	0122	0.2	15	0125	0.4	30	0136	0.4	15	0144	0.7	30	0305	0.7
	0900	2.0		0829	2.1		0842	1.9		0848	2.1		0921	1.7		1034	1.9
TU	1346	0.3	W	1336	0.3	TH	1343	0.5	F	1359	0.4	SU	1420	0.7	M	1550	0.6
	2109	2.0		2049	2.0		2101	1.7		2126	1.8		2154	1.4		2329	1.6
31						31	0217	0.6		0936	1.9	31				0422	0.7
						SA	1448	0.6		2224	1.6				TH	1703	0.6

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PORTLAND

British Summer Time: 01:00 29 March 2026 – 01:00 25 October 2026

Between Start Point and Portland, the tidal curve gradually becomes more and more distorted, especially on the rising tide; the rise is relatively fast for the first hour after Low Water and there is then a noticeable slackening in the rate of rise for the next 1.5 hours, after which the rapid rate of rise is resumed. There is often a 'Stand' at High Water, which, while not very noticeable at Start Point, lasts for about an hour at Torquay and for 1.5 hours at Lyme Regis.